

# Main Pool

School Summer Holidays 2018

**ALL CHILDREN UNDER 8 MUST be accompanied by an adult IN THE WATER and at arm's length. No more than two under 8s to each adult.**

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
<b>Monday</b>	Public Swimming 06:00-10:30					Adult Swim <sup>1</sup> Aqua Aerobics		Public Swimming 12:00-21:00					<b>Bank holiday opening hours are 09:00-17:00</b>				
<b>Tuesday</b>	Public Swimming 06:00-09:00			<b>Closed</b>			Public Swimming 12:00-17:00					<b>Closed</b> from 17:00					
<b>Wednesday</b>	Public Swimming 06:00-10:30					Adult Swim <sup>1</sup> Aqua Aerobics		Aqua <sup>2</sup> Aerobics		Public Swimming 12:00-21:00							
<b>Thursday</b>	Public Swimming 06:00-09:00			<b>Closed</b>			Public Swimming 12:00-17:00					<b>Closed</b> from 17:00					
<b>Friday</b>	Public Swimming 06:00-10:30					Adult Swim <sup>1</sup> Aqua Aerobics		Public Swimming 12:00-21:00									
<b>Saturday</b>	<b>Closed</b>			Public Swimming 09:00-17:00									<b>Closed</b> from 17:00				
<b>Sunday</b>	<b>Closed</b>			Public Swimming 09:00-17:00									<b>Closed</b> from 17:00				

## Learner Pool

	06:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	21:00
<b>Monday</b>	06:00-08:30		<b>Closed</b>		Parent & Toddler 4 & under		Public Swim 12:00-21:00						
<b>Tuesday</b>	06:00-08:30		<b>Closed</b>		Public Swim 12:00-17:00				<b>Closed</b> from 17:00				
<b>Wednesday</b>	06:00-08:30		<b>Closed</b>		Parent & Toddler 4 & under		Public Swim 12:00-21:00						
<b>Thursday</b>	06:00-08:30		<b>Closed</b>		Public Swim 12:00-17:00				<b>Closed</b> from 17:00				
<b>Friday</b>	06:00-08:30		<b>Closed</b>		Parent & Toddler 4 & under		Public Swim 12:00-21:00						
<b>Saturday</b>	Public Swim 09:00-17:00				<b>Closed</b> from 17:00								
<b>Sunday</b>	Public Swim 09:00-17:00				<b>Closed</b> from 17:00								

**Please note** that the learner pool is closed for crash courses between 08:30 and 10:30 during the school holidays; closed 16:00 to 18:00 during term times only.

### Please note scheduled changes to the above timetable

**On Tuesday and Thursday mornings** from **24 July to 30 August**, both pools will be **closed for public swimming** from **09:00** until **12:00**. The pool will remain closed on Tuesday mornings at this time but will re-open on Thursday mornings from **6 September**.

### Restricted pool use for summer crash course swimming lessons

**Monday to Friday** there will be an extra lane between **09:00** and **10:30**, reducing the wider part of the pool. The deep end of this recreational area will also be used by the Rookie Lifeguards at the same time. There are further crash courses in the afternoon between **17:00** and **18:30** in part of the **Learner Pool** divided by a lane rope on **Monday, Wednesday** and **Friday**. It will also be closed to public swimming on Tuesday and Thursday mornings between **08:30** and **12:00**. On **Monday evenings** between **18:00** and **19:00** there will only be two lanes available. We endeavour to have three lanes available for lane swimming at all times.

<sup>1</sup> Adult Swim sessions are open to over 16 years only and also run in holidays. All children (5 and over) must leave the site during these sessions. <sup>2</sup> The extra **Deep Water Aqua Aerobics** is only for those who can swim and tread water for the whole 40 minute session. Aqua Aerobics has a maximum capacity of 35.

**Please note** all timetables are subject to change. In the event of a thunder storm, you must leave the water immediately. The pool must remain empty until 20 minutes after the last clap of thunder. Where bad weather affects visibility, the pool will close until conditions improve. We cannot refund you for lost swimming time. The management reserve the right to close 30 minutes earlier than advertised.



Hampton Pool is managed on behalf of Hampton Pool Trust by YMCA St Paul's Group. Both are registered charities 1041923/294117.

