

Main Pool

School Summer Holidays

ALL CHILDREN UNDER 8 MUST be accompanied by an adult IN THE WATER and at arm's length. No more than two under 8s to each adult.

Bank holiday opening hours are 9am-5pm

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday	Public Swimming 06:00-10:30					Adult Swim* Aqua Aerobics		Public Swimming 12:00-21:00								
Tuesday	Public Swimming 06:00-09:00			Closed			Public Swimming 12:00-17:00					Closed from 17:00				
Wednesday	Public Swimming 06:00-10:30					Aqua Aerobics 1		Adult Swim* Aqua Aerobics 2		Public Swimming 12:00-21:00						
Thursday	Public Swimming 06:00-09:00			Closed			Public Swimming 12:00-17:00					Closed from 17:00				
Friday	Public Swimming 06:00-10:30					Adult Swim* Aqua Aerobics		Public Swimming 12:00-21:00								
Saturday	Closed			Public Swimming 09:00-17:00					Closed from 17:00							
Sunday	Closed			Public Swimming 09:00-17:00					Closed from 17:00							

Learner Pool

	06:00	08:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	21:00
Monday	06:00-08:30		Closed	Parent & Toddler 5 & under		Public Swim 12:00-21:00						
Tuesday	06:00-08:30		Closed			Public Swim 12:00-17:00			Closed from 17:00			
Wednesday	06:00-08:30		Closed	Parent & Toddler 5 & under		Public Swim 12:00-21:00						
Thursday	06:00-08:30		Closed			Public Swim 12:00-17:00			Closed from 17:00			
Friday	06:00-08:30		Closed	Parent & Toddler 5 & under		Public Swim 12:00-21:00						
Saturday	Public Swim 09:00-17:00					Closed from 17:00						
Sunday	Public Swim 09:00-17:00					Closed from 17:00						

Please note that the learner pool is closed for crash courses between 08:30 and 10:30 during the school holidays.

Please note scheduled changes to the above timetable

On Tuesday and Thursday mornings from 25 July to 31 August, both pools will be **closed for public swimming from 09:00 until 12:00**. The pool will remain closed on Tuesday mornings at this time but will re-open on Thursday mornings from **7 September**.

Both pools will be closed for a school gala between 13:30-15:30 on **Friday 22 September**.

Term-time only restricted pool use during swimming lessons

During school term-times only, one lane of the main pool is used for swimming lessons on weekday afternoons and evenings and at the weekend. We endeavour to have three lanes available for lane swimming at all times. Please note that on Monday evenings between 18:00 and 19:00 there will only be two lanes available.

*Adult Swim sessions are open to over 16 years only and also run in holidays. Aqua Aerobics has a maximum capacity of 35.

Please note all timetables are subject to change. In the event of a thunder storm, you must leave the water immediately. The pool must remain empty until 20 minutes after the last clap of thunder. Where bad weather affects visibility, the pool will close until conditions improve. We cannot refund you for lost swimming time. The management reserve the right to close 30 minutes earlier than advertised.



Hampton Pool is managed on behalf of Hampton Pool Trust by YMCA London South West. Both are registered charities 1041923/294117.

