

# Main Pool

1 April to 30 September

ALL CHILDREN UNDER 8 MUST be accompanied by an adult IN THE WATER and at arm's length. No more than two under 8s to each adult.

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
<b>Monday</b>	Public Swimming 06:00-10:30					Aqua Aerobics 1 <sup>2</sup>	Aqua Aerobics 2	Adult Swim <sup>1</sup>	Public Swimming 12:00-21:00					<b>Bank holiday opening hours are 09:00-17:00</b>			
<b>Tuesday</b>	Public Swimming 06:00-09:00			<b>Closed</b> see notes below right				Public Swimming 12:30 <sup>3</sup> -17:00					<b>Closed</b> from 17:00				
<b>Wednesday</b>	Public Swimming 06:00-10:30					Aqua Aerobics 1 <sup>2</sup>	Aqua Aerobics 2	Adult Swim <sup>1</sup>	Public Swimming 12:00-21:00								
<b>Thursday</b>	Public Swimming 06:00-09:00			<b>Closed</b> see notes below right				Public Swimming 12:30 <sup>3</sup> -17:00					<b>Closed</b> from 17:00				
<b>Friday</b>	Public Swimming 06:00-10:30					Aqua Aerobics		Adult Swim <sup>1</sup>	Public Swimming 12:00-21:00								
<b>Saturday</b>	<b>Closed</b>								Public Swimming 09:00-17:00					<b>Closed</b> from 17:00			
<b>Sunday</b>	<b>Closed</b>								Public Swimming 09:00-17:00					<b>Closed</b> from 17:00			

# Learner Pool

	06:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	21:00
<b>Monday</b>	06:00-10:30		Parent & Toddler 4 & under		Public Swim 12:00-16:00		<b>Closed</b>		Public Swim 18:00-21:00			
<b>Tuesday</b>	06:00-09:00		<b>Closed</b> see notes on right		Public Swim 12:00-16:00		<b>Closed</b> from 16:00					
<b>Wednesday</b>	06:00-10:30		Parent & Toddler 4 & under		Public Swim 12:00-16:00		<b>Closed</b>		Public Swim 18:00-21:00			
<b>Thursday</b>	06:00-09:00		<b>Closed</b> see notes on right		Public Swim 12:00-16:00		<b>Closed</b> from 16:00					
<b>Friday</b>	06:00-10:30		Parent & Toddler 4 & under		Public Swim 12:00-16:00		<b>Closed</b>		Public Swim 18:00-21:00			
<b>Saturday</b>	<b>Closed</b>			Public Swim 12:00-17:00					<b>Closed</b> from 17:00			
<b>Sunday</b>	Public Swim 09:00-17:00					<b>Closed</b> from 17:00						

**Please note** that the learner pool is closed for crash courses between 08:30 and 10:30 during the school holidays; closed 16:00 to 18:00 during term times only.

## Restricted pool use during swimming lessons

One lane of the main pool is used for swimming lessons on weekday afternoons and evenings and at the weekend. We endeavour to have three lanes available for lane swimming at all times. Please note that on Monday evenings between 18:00 and 19:00 there will only be two lanes available during term-time.

## Please note scheduled changes to the above timetable

<sup>3</sup> Both pools will be closed on the following days for school lessons:

Tuesday	2 April	09:00-11:15	<b>Half term open as normal between 27 to 31 May</b>
Thursday	25 April	09:00-11:45	
Tuesday	30 April-21 May	09:00-11:15	Tuesday 4 June-16 July 09:00-12:30
Thursday	25 April-16 May	09:00-11:45	Thursday 6 June-18 July 09:00-12:30
Thursday	23 May	09:00-12:30	<b>TNT sessions 23 July to 29 August</b>

**Both pools will be closed for school galas** between 09:00-12:00 on the following dates: Mondays 3, 10, 17 June and 15 July; Friday 5 July and Wednesday 10 July; and between 13:30-15:30 Friday 13 September.

**Both pools will close early on Fridays 5, 12 & 19 July at 17:00 for our concerts.**

<sup>1</sup> Adult Swim sessions are open to over 16 years only and also run in holidays.

<sup>2</sup> The extra Aqua Aerobics 1 sessions run during term time only. Aqua Aerobics has a maximum capacity of 35.

**Please note** all timetables are subject to change. In the event of a thunder storm, you must leave the water immediately. The pool must remain empty until 20 minutes after the last clap of thunder. Where bad weather affects visibility, the pool will close until conditions improve. We cannot refund you for lost swimming time. The management reserve the right to close 30 minutes earlier than advertised.



Hampton Pool is managed on behalf of Hampton Pool Trust by YMCA St Paul's Group. Both are registered charities 1041923/294117.

