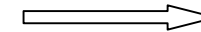
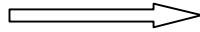


Emily's Cook Strait Swim

In aid of Hampton Pool



Between February 21st -25th 2010 I am going to attempt to swim the Cook Strait in New Zealand. This stretch of water is known to be one of the most dangerous in the world. If I am successful this will make me the first British female to do this. It is a tough swim and has a high failure rate due to unpredictable weather, strong tides, cold water and marine life such as sharks and jelly fish.

Please help me to achieve this personal challenge by showing support & sponsoring me. The money raised will go to Hampton Pool to buy a disabled chair hoist so that the pool is fully accessible to the whole community all year round.

Please return the completed form and money
to Emily Morris
At Hampton Pool by 31st March 2010

Charity Number 1041923





Don't forget to tick the gift aid box! It won't cost you a penny but for every £1 you donate the Inland

Revenue will boost it by a further 28p. By ticking the last column in the sponsorship form below I confirm that I would like KWYMCA to treat my sponsorship as a gift aid donation. I confirm that I pay income tax and or capital gains tax at least equal to the tax that KWYMCA will reclaim on my donation. In order for us to claim gift aid on your donation we need your home address including postcode, a work address is not sufficient. We will not add your personal details to our mailing list.

giftaid it

| NAME | HOME ADDRESS AND POSTCODE (needed for gift aid purposes only) | £ Total | Gift Aid? |
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| Total Raised | | £ | |



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